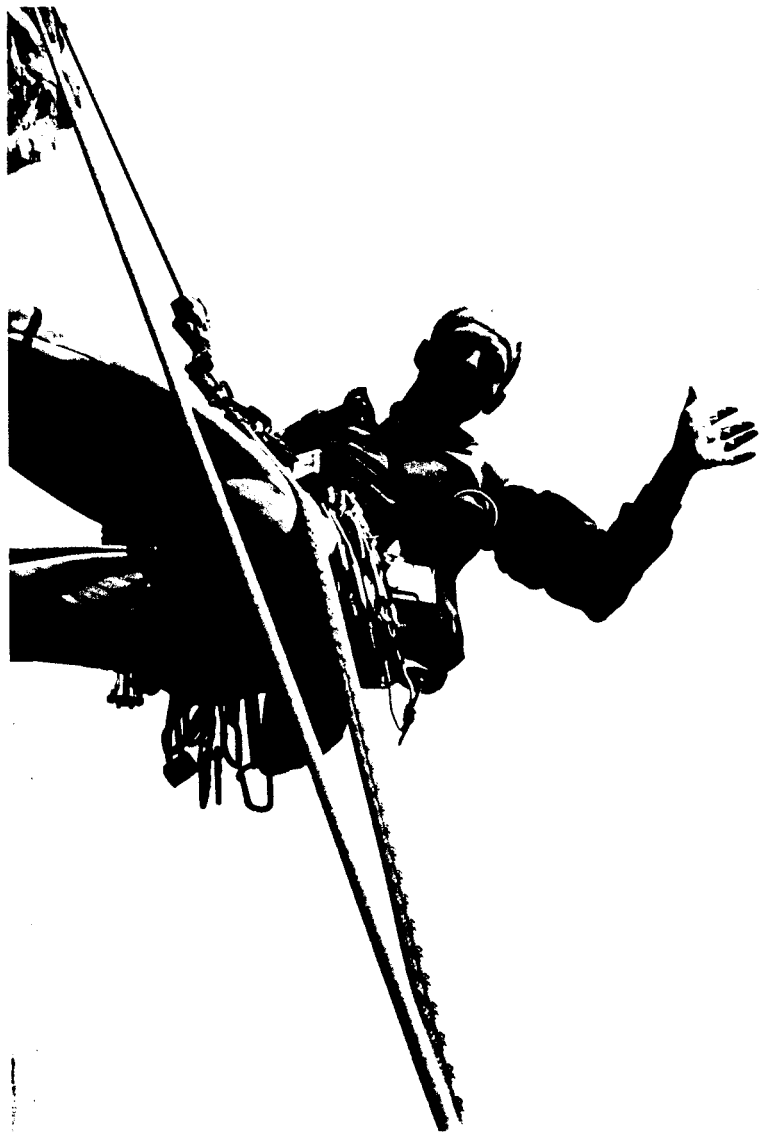


Ceunant

Newsletter

February

1995



Hello again !

Hope you're all well and 'gnashing at the bit' to get on that elusive rock route that you trained all winter for (who sir, me sir ?). A big thank you to all who have contributed - please keep up the good work. As you may have guessed, it's that AGM / ANNUAL DINNER time of year once again. Please book your places with meal preference with Nick Oldfield BEFORE THE 21ST FEBRUARY 1995 else you will kick yourself for missing the event of the year. Do you know members who have excelled themselves this year in high achievement, comedy, man's inhumanity to fellow man(or woman !), dangerous activity or utter failure ? yes ? then please contact our Chairperson (Ade Casey) who will organise the famous award ceremony after the feeding frenzy has ended. COMMITTEE CANDIDATES - It's time for new faces on the committee. Have you considered yourself for instance? Loads of fun-honestly! Do your bit for the club and if you are someone that thinks they've already done it, think again because we need some experience too.

NEW MEMBERS

Welcome to the following new members;

Fiona McIntosh Vicky Whittle Richard Harris Keith Willington
Tim Slater Barbara Hines

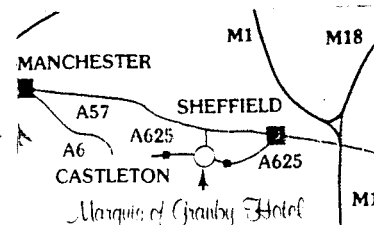
TYN LON

Forgot to mention Martin Jolley in the previous newsletter - Thanks for the superb pine cladding in the common room! The rebuild of the roadside wall, pointing and external painting of the cottage will start when the weather improves(difficult to say when in North Wales!) Due to members and external groups alike using the cottage back garden as a car park in bad weather, the grass is turning into more of a quagmire than usual. Therefore the committee has agreed to(but not unanimously) to the provision of a lock and chain on the gate during long periods of wet weather which will help the grass to survive into summer. Danny O'Keefe has donated a music system and speakers to the cottage for members use (thanks Danny!!). Please ensure that the system is properly concealed when leaving the hut. A vet day in Wales ? then you'll soon be able to practice your ropework in the cottage hallway. Mark Helliwell will be fixing a few strategically arranged hangers on the joists in the near future. The Funding application has been submitted, hopefully there will be some news for the AGM. You may have noticed that the cottage has some very good mountaineering prints in aesthetic frames. It's about time we had some new ones to adorn the walls - Tyn Lon, classic shots of Ceunant climbers(past and present) and foreign lands! If you have a particularly good print or slide get it enlarged to A5 or A4 and mount it in a suitable frame - discuss where to place it in the cottage with Bill Beddard. A brand new cooker has been purchased for Tyn Lon - Sunday roast!! The library has suffered in it's cupboard therefore the vice-chairman will be forwarding a motion to retain the rare and important books for the club, return donated members books and auction the remaining stock, monies to pay for a specific item to be decided. Have your say on this issue at the AGM. If the motion is passed, the auction may take place after the AGM.

ANNUAL DINNER / ANNUAL GENERAL MEETING

This will be held at the Marquis of Granby on Saturday 4th March 1995. The AGM will commence at 3.30pm. Any items for the agenda must be submitted to me (Julie Duggan) no later than the 25th February. Camping is available (free of charge!) to the left of the Marquis of Granby and breakfast can be ordered for Sunday (REMEMBER TO BOOK IT ON SATURDAY!!!) Fancy dress this year will be 'Spaghetti Western' style - obligatory of course!!!! - this will match the live entertainment I've ordered i.e. "Whirly Jig" for a barn dance!! The meal will start at 7pm in the Olympic Room - don't be late. There will also be time for your own music after 11.30pm so bring some good party tapes as well.

ANNUAL SUBSCRIPTIONS AND DINNER



Annual subscriptions are now due and remain at the same miserly rate as they have done for years:- £12 Single, £18 Joint, and £6 Provisional/Students/Unemployed So if you want this years membership card with a tasteful monochrome background and your name individually printed raid that piggy bank now.

Bookings are also being taken for the Annual Dinner which is being held at the Marquis of Granby, Hope on the 4th of March. By a lucky coincidence the AGM is being held at the very same venue earlier in the day, so why not come to both.

So to pay your subs and book your dinner fill in the all purpose form below and send it to:-

Nick Oldfield



or come along to the pub on a Wednesday. Cheques should be made payable to "Ceunant Mountaineering Club".

Please find enclosed payment as follows:-

Subscriptions	Single	£12.00	_____
	Joint	£18.00	_____
	Student/Unemployed	£6.00	_____
Dinner	— Meat Dinners	£15.00	_____
	— Vegetarian Dinners	£15.00	_____
	Total		=====

My choice of vegetarian dinner is:-

- Mushroom and shallot stroganoff _____
- Broccoli Leek and cashew nut pie _____
- Nut roast _____

INDOOR MEETS

Over the first two weekends of December suitably crap weather was arranged and Tyn-Lon was overtaken by a level of seriousness and social responsibility unparalleled in Ceunant history - yes the 1st aid course !

We kicked off on Saturday with 19 of us sitting through endless slides and videos of just about every conceivable injury and how -or how not, they should be delt with. Sunday then saw us indulging in some sort of bondage session, straps, bandages, leg irons etc...

The following Saturday was taken up with an exam and practical exercises. The general feeling seems to be that whilst the course was primarily aimed at Mountain rescue teams it was still of value to anyone spending large amounts of time in the mountains.

Memorable moments include Clive Powells seemingly expert knowledge of the "pubis" !! and Adam Livits ability to take up information whilst fast asleep !! (it must be some sort of K.G.B brainwashing technique)

Also many thanks to Julie, Andy, ^{Felissa} and Roger for providing an excellent party on Saturday night.

On a more general note, what do we want in the form of indoor meets ?
Suggestions so far put forward for 1995/6 are :-

1. An evening cycle ride (pub to pub of course)
2. Weekend rope techniques course

Any further suggestions please pass on to me or any committee member.

All the best Tony Millichope

EXCUSES FOR CLIMBING WALLS !!

The Rock Face in Birmingham has become quite popular for Birmingham members to keep fit over the winter(and no doubt other walls in various parts of UK). Mr Chairperson (ADE) has tirelessly collected some classic excuses from members to why they failed/fell off/had no co-ordination !!!!! Have you any to add ?

- 1) *It's too warm/cold in here.*
- 2) *I'm still pumped from last night.*
- 3) *This powdered chalk's too slippery.*
- 4) *I'm breaking in new boots.*
- 5) *These boots are knackered.*
- 6) *I did to much bouldering beforehand.*
- 7) *My hands sweat too much.*
- 8) *I'm saving myself for the route
(Insert colour/grade)*
- 9) *I've just had a big meal.*
- 10) *I didn't see that hold, I had chalk on my glasses.*
- 11) *It's not my type of route, it's too thugy/balancy.*
- 12) *I don't like ; slabs/walls/overhangs/any combination/all three.*
- 13) *They've moved a hold since last time.*
- 14) *I climb better on the real thing.*

BOOKINGS

24/25 FEB Coventry C.C.
3/4 JUNE Southampton Rats C.C.
16/18 JUNE Bury M.C.

ADDRESS LIST UPDATE

A brand new address list will accompany the next newsletter (March/April), however in the mean time, please attach these changes to your old members list ;

MARK & ZOE MITCHELL

[Redacted]

JOE BRENNAN

[Redacted]

MICK CARR

[Redacted]

PAUL COLLIS

[Redacted]

JONATHON HAINE

[Redacted]

MAGGIE McANDREW

TONY MYNETTE

[Redacted]

JAN & JULIA LEWIS

[Redacted]

ANDREW RING

[Redacted]

GRAHAM SUTTON

LOUISE AND PAUL BLACKWELL

[Redacted]

DAVID JINKS

[Redacted]

TONY ROBINS

[Redacted]

KEITH WILLINGTON

[Redacted]

BARBARA HINES

[Redacted]

MARK HELLWEH

[Redacted]

INSURANCE

Members may have experienced problems with BMC insurance through the club - if you are one of the unfortunates, please contact Nick Oldfield for further information. The committee apologises for any inconvenience that this may have caused. The problem has now been fully rectified.